VEAL CHOPS WITH PEPPER-PEAR RELISH

Total preparation and cooking time: 45 minutes

Ingredients:

4 8 oz. veal loin or rib chops (cut 1 inch thick)

½ tsp. Salt

¼ tsp. Coarse grind black pepperTo taste Cilantro sprigs (optional)To taste Lemon twists (optional)

Pepper-Pear Relish:

1 tbsp. Olive oil

1 Large each red and green bell pepper, cut into ½-inch pieces

(approx. 1 cup each)

½ cup Chopped onion

2 tbsp. Minced, seeded, jalapeño pepper

1 tbsp. Minced fresh ginger

1 Medium pear, peeled, cut into ½-inch pieces (approx. 1 cup)

¼ cup3 tbsp.1 tsp.Fresh lemon juicePacked brown sugarFreshly grated lemon peel

1 tsp. Salt

2 tbsp.2 tbsp.Chopped fresh cilantro

Instructions:

- 1. In 12-inch nonstick skillet, heat oil over medium heat until hot. Add bell peppers, onion, jalapeño pepper and ginger. Cook 10 minutes, stirring occasionally. Stir in pear, ¼ cup lemon juice, brown sugar, lemon peel and ½ teaspoon salt. Simmer 5 minutes or until pear is tender, stirring occasionally. Remove from heat; stir in remaining 2 tablespoons lemon juice and chopped cilantro.
- 2. Meanwhile place veal chops on rack in broiler pan so surface of meat is 4 inches from heat. Broil 14 to 16 minutes for medium doneness, turning once.
- 3. Arrange chops on warm platter; season with salt and pepper. Spoon relish over chops, then garnish with cilantro sprigs and lemon twists, if desired.

To Grill:

Place chops on grid over medium, ash-covered coals. Grill uncovered, 12 to 14 minutes for medium doneness, turning once.

COOK'S TIP: For best results, do not prepare relish in advance.